Once again, we are sincerely grateful for the mighty efforts of our P&C Association, the Fete Committee and the numerous volunteers for making our recent Fete a great day for one and all and for raising over $26,000 in profits. There are too many volunteers to list but the collective effort of parents and staff leading up to the day and on the day was simply fantastic, and as usual, all efforts and funds benefit our students. Thank you!

Congratulations to the Senior Choir for taking out the Silver award for their recent effort at Fanfare. Mrs Hooper was again very proud of their effort and the choir is now looking forward to their next performance. The School Concert is being conducted at the end of next term and is a wonderful showcase for our school.

A big cheer for our Readers’ Cup team and the Maths Team Challenge Team for coming second at their respective district event. The efforts made by our students are outstanding and makes us very proud. Our thanks to Mr Taylor and Mrs Crawley for coordinating and preparing our teams.

Well done to Isaac Masoe for recently making the District Boys Touch Footy team. Isaac and the District Team competed at the Regional carnival and performed admirably.

Our hats off to the Student Council for taking the initiative to sponsor a child from Myanmar through World Vision. On parade this week our former Chappy Kami gave us an insight into the life of Wai Lin (8 years old) and how the sponsorship will help him and his family. Kami has asked that any families wishing to sponsor a child can do so by contacting her on 0481-017-013. Tomorrow is a FREE DRESS day to assist with raising money to sponsor Wai Lin. Thank you to Mr Graham for coordinating the Student Council.

A reminder to all families that a variety of relevant and recent information regarding our school can be quickly accessed through the School App which can be downloaded from the iTunes Store or from Google Play.

We now wish our Year 7 students and teachers a safe, enjoyable and educational tour to Canberra next week. This is a wonderful opportunity for all students that often provides life-long memories. Our thanks to the teachers and office staff once again for all the time and effort put into organising this major event for our school and students as well as giving up a great deal of their personal time.

Next Friday is our last day of term. School commences next term on Monday, 8th July. Report Cards will be sent home next week and provides a great opportunity for parents to have a conversation with their child and possibly set some personal goals for next term. Finally, we hope that all students have a great holiday and return safely in two weeks time!


Calendar of Events

June
14 Free Dress Day – World Vision
17 Canberra – Year 7
21 End of Term

July
8 Music Committee Meeting – 7pm
16 Senior Track & Field
17 Senior Track & Field
18 Senior Sports Day
31 English Competition
Reader of the Week
The reader of the week is a student who is borrowing regularly and is discovering the joy of reading. The reader of the week last week was Joel Dennis of 4L who was reading ‘Scorpion Sting’. The reader of the week for this week is Ismahan Elsair of 5C who is reading ‘Fit for a Prince’.

Lexile Awards
Congratulations to the students who have achieved the following awards.

Encouragement: Charlotte Thwaites 4C, Sam McAllister 4C, Deacon Ward 4L, Kaileb Rembracher 4L, Ashlyn McGrath 4M
Great: Abhishti Chandra 4C, Jolianne Cruz 4C, Amelia Handley 4K, Bradley Smith 4K, Helen Lee 4K, Tamara Busch 4K, Juliet Benn 4L, Lauren Harle 4M, Paris Cooper-Davis 4M
Bronze: Isabelle Petzl-Duncan 4L
Silver: Isabelle Petzl-Duncan 4L, Albin Eckert 4M, Matt Gibbs 4M, Ankitha Balakrishnan 5C
Gold: Rachel Williams 4L, Taryn Wotley 4L
Special Merit: Harry Mayer 4C, Isaac Makinson 4C, Taryn Wotley 4L
Very High Distinction: Sam Muharem 6J
Book Award: Michael Hanna 5C, Calum Le-Shek 6J

READERS CUP CONTEST
Congratulations to Caitlin Devonport, Madison Clark, Pru Brinkman-Lewis, Sean Van Zanden and Jack Casper for coming second this week.

MUSIC
Mrs Zorzetto and Mr Kukulies are conducting a beginners workshop for all Year 5 woodwind, percussion and brass students on the 17 June here at school. The Junior Concert Band will start rehearsals that day. They will perform for us at assembly that afternoon.
There will be no string lessons next week as Mr Zorzetto will be away on music camp. There will be band rehearsal as normal on Wednesday morning.
Queensland Music Festival – World’s Biggest Orchestra – Saturday 13 July – Suncorp Stadium. Students are invited to be involved in this HUGE event!
(NB. This event is not compulsory. Please return forms and payment by 14 June to the school if you would like to attend with us.
WestCent Instrumental Camps 3-7 June – students worked hard all week and they performed beautifully at the concerts held at Sherwood State School last Friday night. Well done to these students.
Great job Senior Choir! They put in a lot of hard work and effort leading up to last Friday's Fanfare. Congratulations on your Silver Award. Keep up the great work.
Well done to all our great groups/classes/year levels that performed at the Fete. You looked and sounded great.

Voices of Biralee
Non profit arts organizations are looking for two students from Years Prep to Year 4 and 2 students from Years 5 & 6 who display a commitment to music studies and who love their singing. If you think this is you, please see Mrs Hooper as soon as possible for the Scholarship application forms (to include Semester 2 this year).
Rehearsals are held at 3 venues: Clayfield, Bardon and Wavell Heights.
Forms will need to be submitted before the end of term.
For more information please visit www.Biralee.org

P&C
Fete
Thank you to everyone who supported the fete – whether by attending, making a donation or volunteering on a stall. It was a great day and raised an impressive $26,000. The majority of this money will go towards the loan for the air conditioning. If you have any feedback on what was great, and ideas for improvement, please email us at info@jhss.com.au.
Next **P&C Meeting is on Monday 17 June 2013** at 6.30pm in Staffroom. We will be asking for nominations for a new President.

We have "Handmade Card Shop in a Box" for Sale for $15 each. There are 34 all occasion handmade greeting cards in a keepsake gift box. 11 Birthday, 11 Christmas, 2 Baby, 2 Wedding, 2 Get Well, 2 Thank you & 4 Assorted cards all with envelopes. If you are interested you can view and purchase the cards at the Tuckshop. (Cash Only)

**CHAPPY CORNER**

It has been a privilege to get to know you all better this term. This school is really beautiful, the staff caring and the students exciting. Jamboree Heights is a wonderful school to work at. This term I have been able to support several students through difficult family transitions, aide students in resolving inter-student conflict, engage with teachers on a supportive level and support Prep L in developing their resilience.

Two of the accredited programs I have run this term have been ‘Fun Friends' and ‘Seasons’. I received training for both these programs last year and have really enjoyed watching the students engage in healthy emotional and social practices. I have been running ‘Fun Friends’ for the whole of Prep L. Here they have been able to: learn how to change unhelpful thoughts into helpful thoughts; increase their emotional vocabulary and; hone their ability to recognise and respond to the others emotions. ‘Seasons’ like ‘Fun Friends' engage students in social and emotional wellbeing. This program is run with a few selected students who have gone through significant change and have experienced grief and loss. This program equips students to deal with grief and loss through the framework of the seasons. Each season mirrors the grief cycle. This enables the participants to be able to see the process of grief and identify the feelings associated with it as well as equipping them to see their own development through this and to be able to rejoice in their resilience and gained strength.

If you are interested in speaking to me about any of these programs or what I will be doing next term please feel free to contact me via the school office or by email (astridh@chappy.org.au).

**FROM OUR GUIDANCE OFFICER**

**Helping kids become resilient**

Definition: ‘Resilience – the ability to cope in times of stress or hardship.’

As parents we work to equip our children with the tools they need to solve their own problems, to respond to difficulties, to feel good about themselves and others, and to perceive the future in a hopeful and confident manner.

It would be great if all children arrived with a *Do it Yourself Manual* but here are some ideas to help your child become resilient.

Brooks and Goldstein talk of 10 key principles for resilience:

- Be empathetic – teach understanding of how another person might feel, recognize your own feelings
- Communicate and listen effectively – and respond to what your child is saying
- Love your children in ways that make them feel special and appreciated – let them know you love them unconditionally.
- Accept your child for who they are and help them to set reasonable goals – goals for today, and goals for the future. It’s good to work towards something.
- Help them experience success in whatever they show competence in (even if it’s collecting bugs)
- Focus on positives, re-word negative talk – sometimes the positive may be hard to see, but it’s there. Always end a conversation with something positive. Instead of saying, “don’t do ,,,,,,” Say what you want your child to do.
- Help them to understand that ‘mistakes’ are often things yet to be learnt
- Develop responsibility, compassion and social awareness by providing opportunities where you child can contribute or give back to others.
- Teach your child to solve their own problems and make appropriate decisions (What’s the problem? What are the choices? Which is the best choice? Try it. If it doesn’t work review your choices.) This also helps them to take responsibility for their actions.
- Discipline in a way that promotes self-discipline and self worth. Punishment is one form of discipline and often a least effective form as it teaches the child what not to do rather than what to do, and can often build resentment. It is difficult to teach your child a better way to behave when you yourself are angry and upset. So be calm, tell your child what you want them to do, and praise your child for doing the right thing. However, have
a plan in place for dealing with noncompliance, but STAY CALM. Your child is watching you and will copy how you behave.

In following these principles we will contribute to helping our children be resilient, to be emotionally healthy, and equipped to successfully confront challenges, and bounce back from setbacks. 
**Adapted from ‘Raising Resilient Children’ by R. Brooks and S. Goldstein**

---

**WORLD VISION PARTNERSHIP**

Jamboree Heights State School is partnering with a community in Myanmar through World Vision’s Child Sponsorship Program.

Students at JHSS will be in contact via letters with **Wai Lin** and his family from the community throughout the year to find out about what their daily lives are like, about their country and culture, and about how JHSS and World Vision are helping the community.

Financial contributions from JHSS will help the whole community by providing health and nutrition education, education in farming techniques to increase food production, and education improvements.

**Can your family help?**

Your family can also sponsor a child from the same community! As a sponsor you would have the opportunity to visit our partnered community and bring back first hand stories of the children and families we are helping. The children from the Myanmar community that need sponsors are **Lei Lei** (girl aged 8), **Paw** (girl aged 7), and **Lar Khu** (boy aged 7), and from a neighbouring community **Khant Ko** (boy aged 9). Sponsorship costs $1.50 a day and changes a life!

To sponsor one of these children or for more information please contact Kami Hazlewood on 0481 017 013 or kami.hazlewood@worldvision.com.au
COMMUNITY NEWS

CENTENARY TABLE TENNIS CLUB

Where: Jamboree Heights State School
Original school hall
35 Beanland Street
Jamboree Heights

Who: All ages and all levels of ability
welcome for friendly social games

When: Tuesdays 7:30 to 9:30pm

Contact: Cameron Davidson – 3279 1300

SOCOCER CLINICS

Star Sports will be holding Soccer Clinics locally for all level of players (boys and girls) from ages 5-14.

Monday 24 June to Friday 5 July 2013
9am to 3pm
Middle Park

For more information phone 1300 752 977 or 0412 602 999 or www.starsportscamp.com
SCHOOL REPRESENTATIVES

Elliot Gerrard – District Soccer

Isaac Masoe – District Touch Football

Ankitha Balakrishnan – District Tennis

Maths Team Challenge Team

Senior Netball B – Premiers

Readers Cup Challenge Team

Year 1 Fire Safety Program