

JHSS TUCKSHOP MENU

Menu 2017

Welcome to JHSS Tuckshop, open Monday, Wednesday & Thursday 7.30am to 2.30pm for all year levels.

All orders for 1st break and 2nd break must be placed online through www.flexischools.com.au.

The cut off time for all orders is at 8.30am.

To contact our convenor Mel, email info@jhss.com.au or phone the Tuckshop on 3725 5648

Forgotten Lunch – You will be provided with a vegemite or cheese sandwich and a apple. An invoice of \$4 will be sent home for immediate payment.

All Volunteers are Welcome.

HOT FOOD - HOMEMADE

- \$2.00 Quiche
(Egg, Corn, Zucchini, Carrot, Cheese & Ham)
- \$2.00 Vegetarian Quiche
(Egg, Corn, Zucchini, Carrot & Cheese)
- \$4.50 Quiche with Salad
- \$4.00 Fried Rice (GF)
- \$4.00 Vegetarian Fried Rice
- \$4.00 Spaghetti Bolognaise
(\$0.50 Extra for Tasty Cheese)

HOT FOOD

- \$1.00 JHSS Mash Potato & Gravy
- \$1.00 1 x Party Pie
- \$2.00 3 x Chicken Nuggets
- \$4.00 Lasagna
- \$4.00 Honey Soy Chicken Drumettes with Mash
Potato & Gravy
- \$4.50 KSC Wrap (Hot)
(Chicken tender in KSC coating, lettuce & Mayo)
- \$4.50 Pork Ribletts
(Pork Ribblets in long roll with BBQ Sauce)
- \$6.00 Caesar Wrap
(Chicken tenderloin in KSC coating, lettuce,
Bacon, Parmesan with Caesar Dressing)

PIZZA

- \$1.50 Cheese Pizza
(Tomato Paste & Cheese)
- \$2.00 Ham & Cheese Pizza
(Tomato Paste, Ham & Cheese)
- \$2.00 Hawaiian Muffin Pizza
(Tomato Paste, Ham, Pineapple & Cheese)
- \$2.00 Vege Muffin Pizza
(Tomato Paste, Red Onion, Tomato, Pineapple &
Cheese)
- \$2.50 Chicken Muffin Pizza
(Tomato Paste, Chicken, Pineapple & Cheese)

BURGERS

- \$3.50 Cheese Burgers
(Homemade Mince Patty (GF), Cheese &
Tomato/BBQ Sauce)
- \$4.50 Hamburger with Salad
(Homemade Mince Patty (GF), Cheese &
Tomato/BBQ Sauce plus Salad)
- \$3.50 Chicken & Cheese
(Homemade Chicken Patty (GF), Cheese & Mayo)
- \$4.50 Chicken Burgers with Salad
(Homemade Chicken Patty (GF), Cheese & Mayo
plus Salad)
- (Salad – Lettuce, Tomato, Carrot)

HOT DOGS

- \$3.00 Hotdog
(With Tomato Sauce or BBQ Sauce or Mustard or
No Sauce)
(\$0.50 Extra for Tasty Cheese)

COLD FOOD

SANDWICHES & WRAPS

Wholemeal Bread or Wrap

\$0.50 Toasted (Extra)

\$2.00 Vegemite

\$2.50 Cheese

\$3.00 Cheese & Tomato

\$3.00 Ham

\$3.50 Ham & Cheese

\$4.00 Ham, Cheese & Tomato

\$5.50 Ham with Salad

\$4.00 Chicken

\$4.50 Chicken & Cheese

\$5.50 Chicken with Salad

\$4.00 Salad

\$4.50 Chicken Wrap (Cold)

(Diced Chicken breast meat, lettuce & Mayo)

(Salad – Lettuce, Tomato, Carrot, Cheese,
Beetroot, Cucumber, Red Onion)

SALAD BOXES

\$6.00 Salad Box (Tossed)

\$6.50 Salad Box with Ham

\$6.50 Salad Box with Chicken

\$0.50 Extra for Hard Boiled Egg – Teacher/Staff
Only

(Salad – Lettuce, Tomato, Carrot, Cheese,
Beetroot, Red Onion, Cucumber, Pineapple)

SAUCES / DRESSINGS

\$0.50 Tomato

\$0.50 BBQ

\$0.50 Caesar Dressing

FRUIT

\$1.00 Apple Slinky

(We will slinky your own apple for free!)

DRINKS

Drinks can also be brought over the counter.

\$2.00 Water

\$2.00 Nudie Fruit Juice (Orange or Apple)

\$2.00 Big M 250ml (Chocolate or Strawberry)

\$2.00 Quench

(Cola, Apple & Raspberry, Blue Heaven)

\$2.00 Milo Popper

\$2.00 Iced Tea, 300ml (Peach or Raspberry)

\$2.00 Crazy Lemon 200ml

HOMEMADE TREATS

Counter sales of snacks will vary every day.
Children should not rely on these items for
lunch. Availability will vary according to our
volunteer situation.

\$1.00 Cup Cakes

(Made at convenors discretion)

\$1.00 Chocolate Chip Biscuits

\$1.50 Banana Loaf

\$1.50 Apple Tea Cake

FOR A TREAT

Over the counter sales only. NO ORDERS

\$0.50 Fruit Ice Shape

\$1.00 Zooper Doopers

\$1.00 Bulla Vanilla Cup

\$1.00 Icy Twist (Lemonade Ice Block)

\$1.00 Calippo (Raspberry)

\$1.50 Paddle Pop (Rainbow)

\$2.00 Shaky Z Shake

(Tub Chocolate Ice Cream)

\$2.00 Frozen, all natural Gluten Free Yoghurt
Watermelon/Mango, Strawberry/Vanilla

\$1.00 Jelly Cups

(Flavour at convenors discretion)

\$1.00 Chocolate Mousse

\$1.00 Popcorn

\$1.50 Red Rock Chips – Honey Soy

\$1.50 Red Rock Chips – Sea Salt