

JHSS TUCKSHOP MENU

Menu Term 4 2017

Welcome to JHSS Tuckshop, open Monday, Wednesday, Thursday & Friday. First Break for all year levels.

To order visit: www.flexischools.com.au. Place your order before 8.30am. If your child is ill you can also cancel before 8.30am via Flexischools.

To contact our convenor Mel Crowhurst, email info@jhss.com.au or phone the Tuckshop on 3725 5648

Forgotten Lunch – You will be provided with a vegemite or cheese sandwich and a piece of fruit. An invoice of \$4 will be sent home for immediate payment.



When you see this symbol it means it was handmade for you in the tuckshop.

All Volunteers are Welcome.

HOT FOOD

- 🏠 \$2.00 Quiche
- 🏠 \$2.00 Vegetarian Quiche
- 🏠 \$4.50 Quiche with Salad Box
- 🏠 \$4.00 Fried Rice (GF)
- 🏠 \$4.00 Vegetarian Fried Rice
- 🏠 \$4.00 Spaghetti Bolognese
(\$0.50 Extra for Tasty Cheese)
- 🏠 \$2.00 3 x Pork and Pineapple Fritters
- 🏠 \$1.00 Mashed Potato and Gravy
- 🏠 \$4.50 KSC Wrap (Hot)
- 🏠 \$6.00 Caesar Wrap
- \$2.00 3 x Chicken Nuggets
- \$1.00 1 x Party Pie
- \$4.50 Pork Ribletts
- \$4.00 Lasagna
- \$4.00 2x Wing Things Chicken Pieces – Honey with rice or mashed potato
- \$2.00 3 x Oven Baked Vegetarian Mini Spring Rolls with soy sauce



Add a side salad to any order
for ONLY \$2.00



PIZZA

- 🏠 \$1.50 Cheese Pizza
- 🏠 \$2.00 Ham & Cheese Pizza
- 🏠 \$2.00 Hawaiian Muffin Pizza
- 🏠 \$2.00 Vege Muffin Pizza
- 🏠 \$2.50 Chicken Muffin Pizza
- 🏠 \$2.00 Cheese and Pineapple Pizza

BURGERS & HOTDOGS

- 🏠 \$3.50 Cheese Burger
(Homemade Mince Patty (GF), Cheese & Tomato/BBQ Sauce)
- 🏠 \$4.50 Hamburger with Salad
(Homemade Mince Patty (GF), Cheese & Tomato/BBQ Sauce plus Salad)
- 🏠 \$3.00 Hotdog
(With Tomato Sauce, BBQ Sauce, Mustard or No Sauce)
(\$0.50 Extra for Tasty Cheese)



Add a drink for ONLY \$2



COLD FOOD

SANDWICHES & WRAPS



Sandwiches are lightly buttered & made fresh onsite daily. Whole meal bread or Wrap is available.

- 🏠 \$2.00 Vegemite
- 🏠 \$2.50 Cheese
- 🏠 \$3.00 Ham
- 🏠 \$4.00 Chicken
- 🏠 \$4.00 Salad
- 🏠 \$4.50 Chicken Wrap (Cold)
(Diced Chicken breast meat, lettuce & Mayo)

Optional Extras:

- \$0.50 Toasted
- \$0.50 Cheese
- \$0.50 Sauces or dressings (Tomato, BBQ, Caesar or Mayo)
- \$0.50 Sliced Tomato
- \$2.50 Salad is Lettuce, Tomato, Carrot, Beetroot, Cucumber & Red Onion
- \$0.50 egg (STAFF ONLY).


SALAD BOXES

- 🏠 \$6.00 Salad Box
(Lettuce, Tomato, Carrot, Cheese, Beetroot, Red Onion, Cucumber, Pineapple)
- 🏠 \$4.00 Couscous salad 
(Moroccan seasoning, tomato, cucumber, pineapple & carrot)
- 🏠 \$2.00 Side Salad 
(Lettuce, carrot, tomato and beetroot)

\$0.50 Add ham or chicken
\$0.50 Add egg (STAFF ONLY).

\$0.50 Add Sauce or Dressings: Tomato, BBQ, Caesar Dressing, French/Italian Dressing or Sweet Chili

FRUIT

- 🏠 \$1.00 Apple Slinky
(We will slinky your own apple for free!)
- \$1.00 Fruit Cup (Two fruits or peaches) 



Please pop in and visit us anytime to check out our range or to volunteer one day a month.



DRINKS

Drink availability and flavours may vary and can be brought over the counter or via Flexischools.

- \$2.00 Water
- \$2.00 Nudie Fruit Juice (Orange or Apple)
- \$2.00 Big M 250ml (Chocolate or strawberry)
- \$2.00 Quench (Cola, Apple & Raspberry, Blue Heaven, Lemon & Lime)
- \$2.00 Milo Popper
- \$2.00 Iced Tea 300ml (Peach or Raspberry)
- \$2.00 Crazy Lemon 200ml

TREATS

Counter sales of snacks will vary every day. Children should not rely on these items for lunch. Availability will vary according to our volunteer situation.

- 🏠 \$1.00 Cup Cakes
- 🏠 \$1.00 Chocolate Chip Biscuits
- 🏠 \$1.50 Banana Loaf
- 🏠 \$1.50 Apple Tea Cake

- 🏠 \$1.50 Savoury muffin (Ham, Cheese & Corn) 
- 🏠 \$2.00 Snack Pack 
(Rice crackers, cheese, carrot & sultanas)
- 🏠 \$1.00 Jelly Cups (Flavour at convenor discretion)
- \$0.50 Mini Oreos
- \$1.00 Messy Monkeys (Burger, Cheese, Pizza) 
- \$1.00 Popcorn
- \$1.50 Red Rock Chips (Honey Soy or Sea Salt)



We have a wide variety of Ice Blocks ranging from \$0.50 up to \$2.00 available over the counter



FAB FRIDAY SPECIALS

Each Friday we run a special item. This varies from week to week and can be a brand new item or a returning favorite. The roster for these items is distributed at the beginning of each term. This item is sold concurrently with our existing menu.

<u>Term 4 2017</u>	
Week 1 6 th October	🏠 \$ 4.00 2 x Mini Taco Boats (Beef, Lettuce, Carrot & Cheese)
Week 2 13 th October	🏠 \$ 4.00 2 x Rice Paper Rolls (Lettuce, Carrot, Cucumber, Rice Noodles & protein) • Chicken • Pork • Vegetarian
Week 3 20 th October	🏠 \$ 4.00 Nachos (Beef mince, Nachos Chips, & Cheese Sauce)
Week 4 27 th October	\$ 3.00 Sushi <u>Orders close one week before on the 20th Oct.</u>
Week 5 3 rd November	🏠 \$ 4.00 2 x Mini Taco Boats
Week 6 10 th November	🏠 \$ 4.00 2 x Rice Paper Rolls
Week 7 17 th November	🏠 \$ 4.00 Nachos
Week 8 24 th November	\$ 3.00 Sushi <u>Orders close one week before on 17th Nov.</u>
Week 9 & 10	No Friday Specials